



Be the
CHANGE
IN MENTAL HEALTH

Women's Therapeutic Retreat in Tahoe: For Women Who Have Been Victims of Sexual Trauma or Domestic Violence

- When:** October 12 (3 pm) - October 15, 2023 (noon)
- What:** Ketamine Assisted (Group) Therapy to Heal Wounds, Cultivate Resilience, and Find Innate Inner Strength
- Where:** Sugar Bowl Resort, Tahoe, CA: in the Private Home of Amy Larson (sponsor)
- Why:** Because with a guided group experience and the psycholytic/psychedelic effects of ketamine, we can heal ourselves...
- Who:** Founder of Be the Change in Mental Health (BTC) Dr. Marisha Chilcott, Julane Andries Transformational PsychoTherapy, and Coltrane Lord of Wonderland Foundation
- Details:** Stay is in a shared room with other participants, in Amy's beautiful home where the retreat will be conducted. All meals are included. Group therapy sessions will be conducted by trained, licensed staff. MD and RN will administer and monitor medicine sessions. Sacred space will be confidential and safe.
- Cost:** Recommended (tax deductible) donation of \$3000 to Be the Change in Mental Health (Discussion of donation amount is welcomed.)

Space is limited!

Please contact BTC at 707-800-7568 or Julane Andreis or Coltrane Lord ASAP!



www.btcmentalhealth.org